

NEEDS ASSESSMENT

Directions: Rank each need according to importance to you,
1 being a low level of need, 5 being a high level of need

Example: If you find saving money very important = 5,
If you find spending money very important = 1

Survival = 1 2 3 4 5

Hormonal, Risk Taking, Money Matters,
Security, Safety, Health

Belonging = 1 2 3 4 5

Love, Affection, Intimacy, Family Relationships,
Friends, Membership

Power = 1 2 3 4 5

Achievement, Accomplishment, Control,
Competition, Pride, Influence, Who Listens to Us

Freedom = 1 2 3 4 5

Movement, Mobility, Independence, Decisiveness,
Many Choices, Creativeness, Fearlessness

Fun = 1 2 3 4 5

Laughter, Learning Activities, Hobbies,
Amusements, Games, Sense of Humor